## **Developing a Positive Self-Image** Pastor's Desk – February 26, 2017



Someone once said that we would never rise above the picture or image that we have about ourselves. In other words, the way I visualize myself is what my life will be about. If we see ourselves as struggling and facing hardship all the time, poor and defeated, that's what life will be and look like.

The Bible tells us in Proverbs 23:7: "as a man thinks in his heart so is he..." Take for granted the fact that God's word is true and will never fail, that we'd better change our focus and the way we see ourselves. That will influence our destiny. We need to look at ourselves as victorious people, not as defeated ones. The Bible says: Jeremiah 29:11: "I will bless you with a future filled with hope-a future of success, not of suffering." This is the promise, and we need to make an effort to believe in it. If we choose to stay focused on the things that are negative in our own lives, we become defeated by choice and by default!

I challenge each one of us to change how we are looking at ourselves and start to believe differently. Choose to see yourself blessed and in prosperity. Look at your family and your future the same way God does, victorious, full of blessings, hope, and success! Choose to develop a positive and godly way of thinking about your life and the lives of your loved ones. Develop a positive self-image. After all you are created in the image of God and therefore you do and accomplish all things through Christ Jesus.

In Him, Pastor Paul Santos