

The Best Night of Sleep Guaranteed!

Pastor's Desk – March 12, 2017



A few days ago while driving, I turned my radio on to hear the whether, and there was an ad about a guaranteed good night of sleep or your money back! I couldn't tell who or what it was because it was the end of the commercial, but I thought right away: "they want money up front and if doesn't work they will refund it!"

Then I thought again: "Since when do we need to pay to get a good night of rest?" The Word of God is very clear. If what is keeping you awake during the night is fear, here is God's prescription: **Psa. 91:5** "You will not fear the terror of the night..." and do you know why? As believers in our Lord Jesus Christ, we are promised: "You will have nothing to fear at

night...[Psalm 91:6](#) “You will have no fear of diseases that come in the dark...” and there are some more goodies: [Psalm 91:11](#) : “He will command his angels to protect you...” and [Psalm 91:1](#) : “You can go to God Most High to hide. You can go to God All-Powerful for protection.” And that costs us nothing, just a gesture of faith!

We are free from the terrors of the night, no nightmares or demonic attacks throughout the night. So if fear or nightmare is what is keeping you awake, run to Jesus and you will have the best night of sleep every night, guaranteed! And the best of all, it will cost you nothing! I will wrap up with this scripture: [Psalm 4:8](#) : “When I go to bed, I sleep in peace, because, LORD, you keep me safe!” Go ahead and enjoy the best sleep in your life, it’s free!!

Pr Paul