

They Were Fasting!

Pastor's Desk – August 28, 2016



1. Moses was fasting when he received the Ten Commandments. Exodus 34:28
2. Elijah had a special meal before 40 days of fasting to receive guidance from God. 1 Kings 19:8
3. Ahab was fasting when God spared him from death! 1 Kings 21:27-19
4. Nehemiah was fasting when God softened the heart of King Antaxerxes. Nehemiah 1:4
5. The Church in Antioch was fasting when the Lord designated the first missionaries. Acts 13:1-4
6. Jesus was fasting when He defeated satan! Total victory over the devil! Matthew 4:1-10

Fasting and prayer walk hand-in-hand. Let us fast whenever we can – we'll see how good it is for our spiritual growth in Christ! Your miracle and breakthrough may be just a fast away!

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