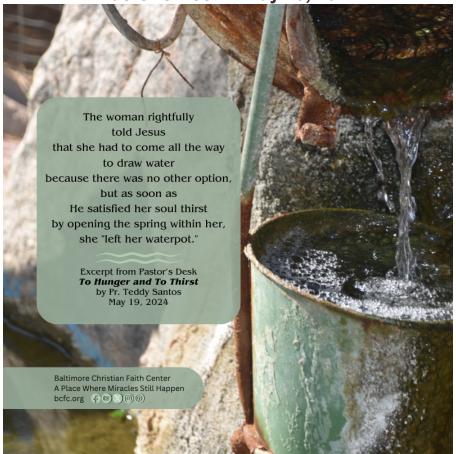
## To Hunger and To Thirst Pastor's Desk – May 19, 2024



**Psalms 63:1**: "O God, You are my God; Early will I seek You; My soul thirsts for You; My flesh longs for You In a dry and thirsty land Where there is no water."

Our soul's longing for God only makes itself felt when all lesser delights are reduced to their proper place. If you are unaware of this spiritual thirst, your heart seeks fulfillment from the world and is busy digging wells that cannot hold water. The woman rightfully told Jesus that she had to come all the way to draw water because there was no other option, but as soon as He satisfied her soul thirst by opening the spring within her, she "left her waterpot."

Psalms 63:5: "My soul shall be satisfied as with marrow and fatness, And my mouth shall praise You with joyful lips." Very little is needed and a lot at the same time to satisfy the soul - tiny of this world. As our Lord said to

Martha, 'only one thing is needful...' Luke 10:32. Nonetheless, very much, because anything less than God will not suffice. To long for God is to have Him. To thirst for the water that only Jesus can give is to drink of Him. Therefore, our Lord says: ''Blessed *are* those who hunger and thirst for righteousness, For they shall be filled." Matthew 5:6

As we conclude this section, let's consider whether we can restate the initial verse. Can we declare: "You are my God"? He belongs to us, but we need to pursue Him. It is healthy to hunger and thirst after The Lord!

At His service, Pr. Teddy Santos