## Wired to Overcome Fear Pastor's Desk – August 8, 2021



There are two kinds of fears according to some dictionaries: "unhealthy fear, which is fear of pain, disaster, disquiet or alarm caused by the expectation of danger, dread, apprehension and terror." Then there is healthy fear, which is "extreme reverence or awe, as toward a supreme power!" In other words, there is Godly fear and ungodly fear.

The ungodly fear is the one that is not supposed to be present in our lives at any time at all. Listen to these words, 2 Tim 1:7, "For God has not given us a spirit of fear, but of power and of love and of a sound mind." For us born again believers, there should be no dread or terror of God, unless we have renounced our faith. There should be no other type of fear because He has not given us a spirit of fear; fear is rather a tool that Satan has used to torment the people of God, because of their ignorance of God's word.

This kind of feeling can become a real detriment to our faith. Why? Fear and Faith are completely opposite of each other. You were not wired to live in fear, but to enjoy a life of power and to have a sound mind.

So next time you feel fearful, remind yourself of this wonderful promise. You and I haven't been given a spirit of fear, but of love, power and sound mind. Stick with the promise; believe in it, even if you don't feel like doing it. I will dare to make this statement: "Fear is Faith in reverse!" Get out of fear mode and enjoy the life of power God has for you!

Pr. Paul Santos