

## RELIEVE PERSONAL BURDENS

Pastor's Desk – October 15, 2023



**Galatians 6:2** *“Bear one another's burdens, and so fulfill the law of Christ.”*

In these words, the Apostle thinks primarily of the trespasses and sins that men and women tumble on. We do not rejoice over their failure nor gossip about it to others but regard ourselves, remembering our liability to slip, in the event of temptation. We should be tender, gentle, and understanding, helping to bear the burden of temptation, shame, and remorse. There is great comfort in these words, for if The Lord expects us to forgive and revive our brother and sister, we can depend on Him to do as much for us!

For example, we can offer practical support and sympathy when a loved one unexpectedly dies. Throughout His time on earth, Jesus made an effort to bear the weight of the struggles faced by people, and as His followers, we are called to emulate His example. **“28 Come to Me, all you who labor and are heavy laden, and I will give you rest. 29 Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and**

you will find rest for your souls. **30** For My yoke *is* easy and My burden is light." Matthew 11:28-30.

This was Christ's law, the principle of His life, and the statute He gave His followers to fulfill. We must also remember that while carrying the burdens of others, we often get rid of our own.

At His service,  
Pr. Teddy Santos